

# Packing List

## Essentials

- \_\_\_\_\_ Airline tickets (with copies in backpack & to trip coordinator)\*
- \_\_\_\_\_ Passport\*
- \_\_\_\_\_ Wallet
- \_\_\_\_\_ Euro and dollars
- \_\_\_\_\_ Money card\*
- \_\_\_\_\_ Copy of Travel Insurance\*
- \_\_\_\_\_ Contact number to report lost card(s)\*
- \_\_\_\_\_ Prescription and OTC medicines
- \_\_\_\_\_ Plug adapter and all "tethers" for camera, iPod, etc.
- \_\_\_\_\_ Camera with extra batteries and memory card
- \_\_\_\_\_ Battery charger
- \_\_\_\_\_ Journal and pen
- \_\_\_\_\_ Watch with alarm function (new battery)

## Self-Care Items

- \_\_\_\_\_ Glasses, sunglasses, contacts lenses
- \_\_\_\_\_ Sanitary supplies
- \_\_\_\_\_ Anti-bacterial hand gel or wipes
- \_\_\_\_\_ Lotion and/or sunscreen
- \_\_\_\_\_ Earplugs
- \_\_\_\_\_ Quick dry towel and washcloth
- \_\_\_\_\_ Clothes line & spot remover

## Clothes

- \_\_\_\_\_ Quick drying underwear
- \_\_\_\_\_ T shirts
- \_\_\_\_\_ Shorts
- \_\_\_\_\_ Church outfit
- \_\_\_\_\_ Shoes (2 pair maximum)
- \_\_\_\_\_ Light weight long sleeve shirt
- \_\_\_\_\_ Cap or hat
- \_\_\_\_\_ PJ's

## Toiletries

- \_\_\_\_\_ Toothbrush and toothpaste
- \_\_\_\_\_ Liquid bath soap
- \_\_\_\_\_ Shampoo and conditioner
- \_\_\_\_\_ Sunblock
- \_\_\_\_\_ Deodorant
- \_\_\_\_\_ Cosmetics
- \_\_\_\_\_ Razor and shaving cream
- \_\_\_\_\_ Brush or comb

## Miscellaneous

- \_\_\_\_\_ iPod
- \_\_\_\_\_ Cards, games
- \_\_\_\_\_ Gifts for hosts
- \_\_\_\_\_ Hackey Sack
- \_\_\_\_\_ Book(s)
- \_\_\_\_\_ Flashlight
- \_\_\_\_\_ Photo book
- \_\_\_\_\_ English/Hungarian Phrase Book
- \_\_\_\_\_ Power Bars